

(Kitchen closes 1 hour prior to closing)

Breakfast

Steel Cut Oatmeal 3.45 (available 5am-11am or until Pau)

12 ounces of Hearty Oats-add your own toppings

"Eggs"presso 3.55

Eggs Steamed to perfection with Cheese & Salsa
(Add Avocado or meat for an additional 1.25)

Hula Hips 4.95

Swiss Cheese, Hawaiian Sausage Red Onions & Eggs

Bagel-which 4.95

Toasted Bagel, Cream Cheese, Turkey, Avocado, Tomato

Island Bagel Melt 4.75

Toasted Bagel, Ham, Cheddar, Pineapple, Panini pressed

Maui Sunrise 4.95

Croissant, Cream Cheese, Hawaiian Sausage, Eggs, Tomato, Red Onion

Hapuna Melt 4.65

Croissant, Cheddar & choice of Ham or Turkey Panini Grilled

Breakfast Burrito 4.95

Choice of Bacon, Hawaiian Sausage, Spam, Ham or Grilled Veggies, with 3 Eggs, Cheddar & Mango or Regular Salsa

Jude's Haleakala Wrap 5.95

Choice of tortilla, grilled asparagus, broccoli, spinach, feta, 2 fluffy eggs and mango salsa on the side

Fruit Parfait with Granola 4.25

Fresh Fruit over vanilla yogurt topped with our house Granola

Bagels 1.85

Blueberry, Cheddar, Cinnamon Raisin, Everything, Garlic, Jalapeno, Multi Grain, Onion, Plain, Sesame, Sun Dried Tomato Cream Cheese or Butter .35

Peanut Butter or Hummus 1.00

ADD Tomato, cucumber, onions, Organic greens or Pineapple add'l cost
Add Tomato Meat, Egg Whites, Cheese or Avocado 1.25

Granola (Dried Fruit, Nuts & Oats) 12oz 2.75

12oz of Granola made in house loaded with cranberries, pecans, almonds, walnuts, honey, real butter and seasonings

Panini Grills (Melly Yumminess)

***Kauai 5.45 / 7.95** (Vegan style available)

Ciabatta Roll, Provolone, Feta & Creamed Sun Dried Tomato Cheese, Grilled Veggies Organic Greens, Tomato, Red Onions, Avocado, Cucumbers & side of Hummus

***Hot Crater Chicken 5.35 / 7.75**

Ciabatta, Creamed & Havarti Cheese, Buffalo Style Chicken, Creamy Chile Peppa' Buffalo Hot Sauce, Tomato

***Lolo Melt 5.45 / 7.95**

Ciabatta Roll, Warm Pastrami, Creamed & Provolone Cheeses, Red Onions melted to oozy perfection

***Island Turkey 5.45 / 7.95**

Ciabatta, Pesto, Provolone, Turkey-Finished off with Fresh Organic Greens, Cucumber, Tomato, Avocado & Red Onion

Paniolo Quesadilla 5.45

Tortilla, Cream & Cheddar Cheeses, Grilled Chicken, salsa

Deli Style Sandwiches & Wraps

of Paradise 4.95 / 6.95

Flaky Croissant, Chicken Salad (Pecans, Cranberries, and our House Poppy Seed Dressing-yogurt based)

Lanai Wrap 6.95

Turkey, Pesto, Provolone, Cucumber, Tomato, Red Onion, Organic Greens

Garden Isle Wrap 6.95 (Vegan Style Available)

Fresh Grilled Veggies, Sun Dried Tomato, Creamed & Provolone Cheeses, Feta, Organic Greens, Cucumber, Tomato, Red Onion, & a side of Hummus

Da Moke Wrap 6.95

Crispy Bacon, Turkey, Rice, Creamed Havarti & Romano Cheeses, Tomato, Organic Greens

Miloli'i Tuna Sandwich 5.95 / 7.95

Flaky Croissant and our savory Red Dirt original Tuna Salad (served on Wednesday and Saturdays only; & when it's gone its PAU).

2015 Menu (Subject to Change)

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Salads & More

Kauai Cranberry Salad 4.95 / 6.95

Organic Greens, toasted almonds, cranberries drizzled with your choice of dressing

Paradise Chicken Salad 5.95 / 7.95

Organic Greens, Our Paradise Chicken Salad (House Poppy Dressing, Cranberries, Pecans & Chicken) & Bacon

Keponi 4.95 / 6.95

Organic Greens, Crispy Noodles, Cilantro, Cabbage, Cucumber, Toasted Almonds, sweet sesame ginger dressing

Da Kook 4.95 / 6.95

Organic Greens, Ham, Tomato, Cucumber, Romano & Feta Cheeses with your choice of dressing

Miloli'i Tuna Salad 5.95 / 7.95

Our House Tuna Salad over a bed of Organic Greens
A savory Red Dirt original recipe

(One batch is made fresh every morning & when it's gone its PAU).

12oz Island Broccoli Salad 3.95

Broccoli, Pecans, Cranberries, mixed with our House Poppy Seed Dressing.

Make your Own Salad/Sandwich 4.98 / 6.95

Choose either Salad or Sandwich (*wraps only available as a whole)

Soft Ciabatta, Croissant, Whole Wheat, Sourdough
Includes-Organic Greens, Tomatoes, Cucumber & Red Onion.

Choice of Meat (Turkey, Ham, Chicken Salad, Tuna Salad)
Cheese Options (Cheddar, Swiss, Jack or Provolone)

Extra Special toppings add *.50/**1.25 each

*Marinated Artichokes **Bacon **Hummus...
*Chipotle Sauce **Feta Cheese **Goat Cheese
*Pineapple **Pesto **Avocado
**Sun Dried Tomato *Pickles *Cabbage
*Cranberries **Pastrami **Spam

*Nuts Available (Walnuts, Pecans, Slivered Almonds)

Soup of the Day 2.75 (8oz) 3.75 (12oz) 4.75 (16oz)

No joke, wholesome mostly organic ingredients chopped & prepared every morning for our soups. Ready by 11am.

Menehune Lunch Bag (for da Keiki) 4.75

Child sized bag lunch: Choice of Half Grilled Cheese, PB&J or scoop rice smothered in gravy. Lunch bags include a 4oz side of Fresh Fruit or string cheese, a 100% Juice box & choice of chips on hand

Grab & Go Quick Snacks

Fresh Fruit Cups 2.75 String Cheese .85
Box Plate Lunch 5.95 Waialua Sodas 2.25
Odwalla Juices 2.99 Can Soda 1.50 (cup & ice)
Box Juices 1.25 Coco Water 1.95
Hawaiian Artisan Water 1.95 Bottled Water 1.00
Dr Smoothie Bio Bar 2.99 Muffins 1.85/2.35
Edna Bakery Scones 2.75 Assorted Chips 1.25
Sweet Pepper & Hummus Cups 3.25

**Kau Kau/Hawaiian Plates 6.50/
7.95**

Available Friday & Saturday 11am Until Pau

Plates come with Hawaiian style Mac Salad, 2 scoop sticky rice & choice of the daily entrees...

Four items always on the menu but call ahead for which ones our Lolo Cook decided to concoct today...

**Add 1.00 to plate total for certain entrees

Check our Facebook for special Surprises by the Lolo Cook...

Green Salad in place Rice in plate Lunch 1.00

2 oz Kim Chee .75

2 Scoop Mac Salad a la carte 2.95 (8oz cup)

Poke or Poi 8oz (when available)

"Bambucha" Musubi 3.00 (Spam or Hawaiian Sausage)

Li Hing Fruit Cups 3.25 (fresh fruit cup with Li Hing Powder)

Red Dirt Coffee House

1452 E Grand Ave, Arroyo Grande, CA

(805) 473-3083

FREE DELIVERY on orders over \$20

(\$5 delivery fee on orders under \$20)